

Note: MENU Subject to Creativity  
This institution is an equal opportunity provider.

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Harvest of the Month: Winter Squash**



**Deli** **4**  
Turkey, Ham, Tuna Salad  
**Main Event:**  
WW Dunkers w/Meat or Marinara Sauce  
Fresh Tossed Caesar Salad  
**Grill:**  
BBQ Pulled Pork  
House Potato Chips

**Deli** **5**  
Salami, Bologna, Egg Salad  
**Main Event:**  
Build Your Own Nacho's  
Seasoned Beef, Chicken, Roasted Root  
Veggies, Red Beans & Rice, Cheese  
Sauce  
**Grill:**  
Grilled Beef Burger/ Sweet Potato Wedges

**Deli** **6**  
Turkey, Ham, Tuna Salad  
**Main Event:**  
WW Spaghetti w/Meat or Marinara Sauce  
Roasted Winter Squash, Garlic Bread  
**Grill:**  
Chicken Patty Sandwich  
Potato Wedges

**Deli** **7**  
Salami, Bologna, Egg Salad  
**Main Event:**  
Stir Fry w/Beef or Chicken & Mix  
Vegetables, Steamed Brown Rice,  
Veggie Egg Roll  
**Grill:**  
Sloppy Joe w/ Sweet Potato Fries

**Deli** **1**  
Turkey, Ham, Tuna Salad  
**Main Event:**  
Home Style Meat Loaf, Mashed Potato  
Wilted Spinach, WW Dinner Roll  
**Grill:**  
BBQ Pork Riblet Sandwich  
w/ Sweet Potato Wedges

**Deli** **8**  
Turkey, Ham, Tuna Salad  
**Main Event:**  
Fish Sticks and Potato Wedges  
Creamy Cole Slaw & Tatar Sauce  
**Grill:**  
Grilled Ham & Cheese  
Curly Fries

**Deli** **11**  
Turkey, Ham, Tuna Salad  
**Main Event:**  
Macaroni & Cheese  
Grilled Hot Dogs, Steamed Green Beans  
Corn Bread  
**Grill:**  
Chicken Patty w/Roasted Sweet Potatoes

**Deli** **12**  
Salami, Bologna, Egg Salad  
**Main Event:**  
Chicken & Cheese Quesadilla  
Spinach & Cheese Quesadilla, Spanish  
Rice, Refried Beans, Seasoned Corn  
**Grill:**  
Corn Dog w/ Potato Wedges

**Deli** **13**  
Turkey, Ham, Tuna Salad  
**Main Event:**  
Shepherd's Pie, Local Spaghetti Squash  
WW Dinner Roll  
**Grill:**  
Buffalo Chicken Ranch Sandwich  
w/ Curly Fries

**Deli** **14**  
Salami, Bologna, Egg Salad  
**Main Event:**  
Cheese Tortellini w/ Seasoned Chicken &  
Steamed Broccoli, Alfredo Sauce, WW  
Garlic Bread  
**Grill:**  
Grilled Beef Burger w/Sweet Potato  
Wedges

**Deli** **15**  
Turkey, Bacon, Tuna Salad  
**Main Event:**  
WW Waffles w/Strawberry Sauce,  
Sausage Patties, Roasted Root Veggies,  
VT Maple Syrup  
**Grill:**  
Meatball Sub w/ French Fries

**Deli** **18**  
Turkey, Ham, Tuna Salad  
**Main Event:**  
WW Penne Pasta w/ Meat or Hearty  
Vegetables Marinara Sauce, Sautéed  
Mixed Vegetables, WW Garlic Bread Stick  
**Grill:**  
Chicken Nuggets & French Fries

**Deli** **19**  
Salami, Bologna, Egg Salad  
**Main Event:**  
Beef or Chicken Taco  
Spanish Rice, Mixed Peppers, Seasoned  
Black Beans  
**Grill:**  
Grilled Bacon Beef Burger w/ Potato  
Wedges

**Deli** **20**  
Turkey, Ham, Tuna Salad  
**Main Event:**  
Maple Glazed Ham, Scallop Potatoes,  
Glazed Mixed Colored Carrots,  
WW Dinner Roll  
**Grill:**  
Philly Cheese Steak Sub  
W/ Curly Fries

**Deli** **21**  
Salami, Bologna, Egg Salad  
**Main Event:**  
Sweet & Sour Chicken, Steamed Brown  
Rice, Roasted Kabocha Squash, Egg Roll  
**Grill:**  
Grilled Hot Dog w/ Sweet Potato Tots

**Vacation** **22**

**Vacation** **25**

**Vacation** **26**

**Vacation** **27**

**Vacation** **28**

**Vacation** **29**

